

ESENCIA

WELLNESS

SPA MENU

The Esencia Wellness Spa and Fitness Center provides a tranquil playground for personalized renewal, deep relaxation, and transformative treatments for body and soul. Fusing Japanese healing elements with our iconic architecture, luscious greenery, and hydrotherapy amenities—featuring whirlpools, plunge pools, saunas, and hydro-experience showers—we offer a dreamy space that will surprise and delight. Come to get lost... and find yourself.

CHOOSE YOUR ELEMENT TO BEGIN YOUR JOURNEY

OCEAN	<i>invigorating, vitalizing, adrenal supporting</i>	<i>I AM POWERFUL</i>
SUN	<i>recovering, energizing, stress relieving</i>	<i>I AM RADIANT</i>
EARTH	<i>grounding, calming, mental boosting</i>	<i>I AM CENTERED</i>
ATMOSPHERE	<i>anxiety supporting, releasing, balancing</i>	<i>I AM LIMITLESS</i>

NOBU SIGNATURE TREATMENTS

Our Nobu Signature Treatments incorporate Japanese tradition and the spirit of Nobu Hotels. Each service is deeply personalized and adapted to your unique needs.

NOBU NAGOMI RITUAL | 110 Minutes

Designed to increase relaxation, flexibility, and energy flow, our signature ritual takes you on a journey that awakens the senses. We begin with a relaxing floral foot bath followed by an Asian-inspired fusion of massage, facial cleansing, and body exfoliation. Warm handmade herbal poultices soothe your muscles, purify your body and ground your mind. Customized essential oils hydrate and nourish your skin.

JAPANESE SILK | 80 Minutes

Inspired by the traditional Japanese art of caring for the body, this is a luxurious and energizing body ritual that stimulates circulation and flow of energy. Your journey begins with a body exfoliation to prepare your skin for a nurturing full body massage using hot stones and concludes with a luxurious scalp massage and hair mask. Find balance, feel revitalized, and be restored.

MASSAGE

IGNITE YOUR SENSES | 50/80 Minutes

Restore your vital energy with this full-body Swedish massage. This indulgent massage leaves your mind, body and spirit soothed and relaxed.

DEEP CONNECTION | 50/80 Minutes

A therapeutic massage designed to alleviate tension and muscular stress. Specialized techniques concentrate on specific areas of concern to restore and heal overextended muscles.

HEALING HOT STONE | 50/80 Minutes

Using the warmth of smooth river stones, melt away tension and stress with this moderate to deep pressured massage to intensely soothe tired and aching muscles.

BAMBOO FUSION | 50/80 Minutes

Bamboo is known as the good luck plant and the sticks are warmed and used as therapeutic tools to reach deep into the tissue. The smooth sticks hold heat and provide gliding strokes to improve circulation, remove toxins, and promote relaxation.

SHIATZU FUSION | 50/80/100 Minutes

This treatment utilizes traditional Japanese-style massage techniques that involve manual pressure applied to specific points on the body to stimulate energy meridians, relieve tension and pain, and promote overall wellbeing.

For additional benefits, we recommend scheduling our 100 minute Shiatzu Fusion.

REFLEXOLOGY | 50 Minutes

A therapeutic method that aims at stimulating pressure points on the soles of the feet to soothe corresponding vital organs and systems of the body. Alleviate pain, reduce stress and soothe the nervous system with this calming treatment.

MOMMA-TO-BE PRENATAL | 50/80 Minutes

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy. The focus will be on alleviating muscular aches while helping to relax, restore, and revitalize.

Recommended after the first trimester of pregnancy.

COUPLES

CALM TOGETHER | 50/80 Minutes

An intimate spa experience designed to be shared with that special someone. Restore your vital energy with this full-body Swedish massage. This soothing and indulgent massage leaves your mind, body, and spirit soothed and relaxed.

COUPLES DEEP CONNECTION | 50/80 Minutes

This private journey will allow you and your partner to reignite the romance. Start with a therapeutic massage designed to alleviate tension utilizing specialized techniques that concentrate on each of your specific areas of concern. Leave relaxed and spoiled.

AROMATIC INFUSION | 100 Minutes

This aromatic and indulgent ritual using a seductive blend of essential oils leaves body and soul soothed and relaxed. Start with a warm bath infused with healing salts to relieve muscle and then a therapeutic tailored massage to relieve joint stiffness enhance circulation. Allow your senses to calm and reconnect with your partner.

ROSE BOTANICAL RITUAL | 100 Minutes

You and your partner be enveloped by the exquisite fragrance of the Damascus rose in this revitalizing ritual that intensely nourishes your skin. The experience begins with a micro-granulated exfoliating emulsion that notably smooths the skin texture revealing an extraordinarily soft and resplendent skin. Then, a massage with an ultra-nutritive body oil that seduces with its floral fragrance and its exceptional anti-aging and antioxidant properties will heal your bodies at a deeper level.

COUPLES CLAY & PLAY | 50 Minutes

Unleash your inner artist and let your partner be your muse. We will present you with a pair of body brushes and detoxifying rhassoul clay to paint on one another in the privacy of your couple's suite. This decadent ritual includes a bottle of chilled bubbly and an aromatic, hand-drawn bath to get your creativity flowing.

FACIALS

HYDRAFACIAL | 50/80 Minutes

Hydrafacial™ is a breakthrough in aesthetic technology that uses non-laser, non-invasive skin resurfacing. The Hydrafacial™ treatment removes dull skin cells and extracts impurities while cleansing, hydrating and moisturizing. It improves the appearance of fine lines, wrinkles, oil or acne-prone skin, and hyperpigmentation. The treatment is soothing, refreshing, non-irritating, and immediately effective.

DIAMOND - BY NATURA BISSÉ | 80 Minutes

This noninvasive treatment preserves the youth of the skin and slows the aging process. Visibly diminishes fine lines and wrinkles and restores youthful energy to every level of the skin. Dramatically reverses premature aging while increasing firmness and elasticity.

SKIN DETOX - BY NATURA BISSÉ | 80 Minutes

Restore your skin's glow with the ultimate detoxifying treatment that will rid your skin of the daily environmental pollutants it is exposed to. This comprehensive facial includes a deep cleanse, an enzyme detox with a thorough extraction process to reveal a renewed and brightened complexion.

THE SUNSHINE - BY NATURA BISSÉ | 50 Minutes

Quench your skin's thirst with this tropical-inspired facial designed to relieve sun-damaged skin. High concentrations of Vitamin C improve the skin's appearance while stimulating collagen production to renew and firm. The active ingredients coupled with citric aromas and opulent massage create sculpted and luminous skin.

THE SIGNATURE - BY PRIVAI | 50 Minutes

This unique experience incorporates a variety of power-packed ingredients best suited to your skincare needs. Privai's naturally inspired, crafted formulas will help reveal smooth, glowing and radiant skin.

BODY TREATMENTS

CLAY PURIFICATION REVIVAL | 110 Minutes

A restorative treatment combining a detoxifying massage and a full-body wrap made of green clay to regenerate, oxygenate, and deeply hydrate the skin. It reduces signs of aging and leaves you smooth and glowing.

SUN ENERGY CITRUS DRENCH | 80 Minutes

Pamper your skin with a potent infusion of citric extracts with highly concentrated vitamin C emulsion to protect your skin from dryness and premature aging. Your skin will be intensely hydrated and cocooned in a healing wrap to reveal an extraordinary glow.

OCEAN DETOX RITUAL | 50/80 Minutes

This skin-softening full-body exfoliation combines mineral sea salts with healing essential oils to leave your skin nourished and supple, followed by a relaxing Swedish massage.

AFTER SUN RECOVERY | 50 Minutes

This essential after-sun ritual soothes and relieves discomfort caused by over-exposure, repairing skin to help prevent early peeling. Enjoy cooling relief with our nourish and calming wrap treatment.

ENHANCEMENTS

Customize your spa experience with one of our specialized service enhancements.

BACK REVIVER

Reveal supple and hydrated skin with this renewing back exfoliation.

CBD RELIEF AND RECOVERY

Induce deep relaxation and healing with our artisan-crafted aromatic CBD. Infused with six pain-relieving herbs, including the warm scents of arnica and ginger, and broad-spectrum organic hemp CBD.

CRYOTHERAPY

Featuring our Cryo-Massage Roller, recover and relieve muscle pain, inflammation and soreness from knots.

EYE AND LIP TREATMENT

A potent plant-based amino acid compound encourages pro-collagen synthesis while gently firming and moisturizing the skin around your eyes and lips.

FACE MASK

Hydrate and cool your skin with the ultimate facial mask treatment.

HAIR AND SCALP TREATMENT - BY MOROCCANOIL

A warm, nutrient-rich treatment infused with argan oil and Vitamin E is slowly poured along the hairline and massaged into the scalp to deeply nourish the hair cuticle.

HAND AND FOOT REVIVER

A soothing self-warming mask for the hands and feet to deeply nourish, revitalize, and hydrate the skin.

MASSAGE FLAME

Upgrade your experience with a candle that is lit during your session and the melted wax is used to enhance your massage.

WARM STONES

Melt away tension with the healing properties of a warm stone back massage.

HYDRAFACIAL BOOSTER - FOR HYDRAFACIALS ONLY

Incorporate a formula-packed boost with active ingredients to enhance the skin's radiance.

NUFACE OR GUASHA LIFT - FOR FACIALS ONLY

Lift the contours of the face and enhance the anti-aging effects of your facial with either microcurrent technology or gua sha.

BEAUTY

BLOWOUTS | \$75 and up

\$30 upcharge for flat iron/curling iron/rollers due to additional time.

WOMEN'S HAIRCUT ALONE | \$95*

MEN'S CUT | \$65 and up

UP-DO | \$150 and up*

PARTIAL HIGHLIGHTS | \$175 and up*

HALF HIGHLIGHTS | \$275 and up*

FULL HIGHLIGHTS | \$350 and up*

TONER / GLOSS | \$70 and up*

SINGLE PROCESS | \$95 and up*

HAIR MASK ADD-ON | \$50

SIMPLE MAKE UP APPLICATION

KERATIN HAIR TREATMENT | \$400 (includes consultation and Blow Dry)

BRIDAL BEAUTY

Allow Esencia Wellness to partake in the preparation of your wedding with beautiful hair creations and nail designs curated by our expert hairstylists and nail technicians. During the consultation, our technicians will devise a personalized program to meet your goals.

BRIDAL HAIR CONSULTATION | \$150*

WEDDING DAY | \$175*

**This service does not include a blow dry.
Please inquire if a blow dry is desired.*

NAILS

DEEP SEA MANICURE | 50 Minutes

Soften and hydrate your hands with this anti-aging sea treatment. Restore your skin with a mineral salt exfoliation, brightening mask and a nourishing balm application. Conclude this manicure with the perfect polish application.

DEEP SEA PEDICURE | 80 Minutes

Immerse your feet into an aromatic journey. Begin this luxurious treat with a warm shoulder wrap and inhalations to provide a sense of serenity and calm, followed by a gentle lavender foot bath, skin renewing exfoliation, invigorating mask, massage, maintenance and a perfect polish application.

SOOTHING WAVES MANICURE | 45 Minutes

Mineralize your hands with this indulging manicure featuring a massage resembling the rhythmic motion of waves along with a warming hand treatment.

SOOTHING WAVES PEDICURE | 60 Minutes

Invigorate your legs and feet with a stimulating pedicure featuring a massage resembling the rhythmic motion of waves along with a warming foot treatment.

ESSENTIAL ELEMENTS MANICURE | 30 Minutes

Our take on the classic manicure.

ESSENTIAL ELEMENTS PEDICURE | 45 Minutes

Our take on the classic pedicure.

NAIL ENHANCEMENTS

QUICK DRY NO CHIP - BY DAZZLE DRY

The quickest drying longest lasting natural manicure on earth. Dazzle Dry prep, proprietary base coat, and topcoat create a 5-minute dry time, long-lasting no chip color and removes with regular nail polish remover!

ILLUMINATING HAND OR FOOT TREATMENT

A skin refining exfoliation, a double dose of skin illuminating Vitamin C, and marine minerals revitalize and restore youthful softness while brightening sun-damaged hands or feet.

GEL POLISH

Add gel to any of the manicure / pedicure experiences above for a longer-lasting color coat.

CBD INFUSED BATH BOMB

Reduce inflammation and improve circulation with this CBD infused delighter.

SPA POLICIES

APPOINTMENTS AND RESERVATIONS

We strongly recommend that you schedule spa appointments prior to your arrival at the Spa. Reservations are subject to availability and must be guaranteed with a hotel room number or credit card.

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for single services and 48 hours in advance for multiple treatments. A 100% charge will be applied to your credit card for failure to follow this policy as well as No Show appointments. In the event of sun-burn or other contraindications, a service exchange can be made possible if available, however, this is not guaranteed and the 24 hour cancellation policy will apply. Please advise the spa of pregnancy or any service contraindications.

ARRIVAL

If scheduling a service on a weekend or observed holiday, the spa highly suggests using Uber, Lyft and drop offs as valet parking and surrounding parking lots may be fully committed. We suggest that you arrive 30 minutes before your appointment's time to sign in and change into your robe and slippers.

LATE ARRIVAL

As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

IS THERE AN AGE REQUIREMENT AT THE SPA?

All spa guests must be 16 or older to schedule a treatment and 18 or older to utilize the spa facilities.

PAYMENT AND SERVICE CHARGES

We accept all major credit cards or you may charge the service to your hotel room. For your convenience a service charge of 20% will be added to your bill. Leave any additional gratuities above 20% at your discretion.

HEALTH AND WELLNESS PROTOCOLS

Esencia Wellness follows strict guidelines in accordance with State Board, CDC, OSHA and other state/local agencies. Our team has gone through COVID-19 training including sanitation and infection control procedures to ensure guests and staff are safe and risk for transmission of germs is low. Additional cleaning and disinfecting check points have been implemented along with daily operation modifications.



ESENCIA

WELLNESS

NOBU SIGNATURE TREATMENTS

NOBU NAGOMI RITUAL

110 Minutes | Mon - Fri \$380 | Sat - Sun \$390

JAPANESE SILK

80 Minutes | Mon - Fri \$340 | Sat - Sun \$350

MASSAGE

IGNITE YOUR SENSES

50 Minutes | Mon - Fri \$190 | Sat - Sun \$200

80 Minutes | Mon - Fri \$260 | Sat - Sun \$270

DEEP CONNECTION

50 Minutes | Mon - Fri \$230 | Sat - Sun \$240

80 Minutes | Mon - Fri \$305 | Sat - Sun \$315

HEALING HOT STONE

50 Minutes | Mon - Fri \$240 | Sat - Sun \$250

80 Minutes | Mon - Fri \$310 | Sat - Sun \$320

BAMBOO FUSION

50 Minutes | Mon - Fri \$240 | Sat - Sun \$250

80 Minutes | Mon - Fri \$310 | Sat - Sun \$320

SHIATZU FUSION

50 Minutes | Mon - Fri \$240 | Sat - Sun \$250

80 Minutes | Mon - Fri \$310 | Sat - Sun \$320

100 Minutes | Mon - Fri \$420 | Sat - Sun \$430

REFLEXOLOGY

50 Minutes | Mon - Fri \$240 | Sat - Sun \$250

MOMMA-TO-BE PRENATAL

50 Minutes | Mon - Fri \$190 | Sat - Sun \$200

80 Minutes | Mon - Fri \$260 | Sat - Sun \$270

BODY TREATMENTS

CLAY PURIFICATION REVIVAL

110 Minutes | Mon - Fri \$360 | Sat - Sun \$370

SUN ENERGY CITRUS DRENCH

80 Minutes | Mon - Fri \$310 | Sat - Sun \$320

COUPLES

CALM TOGETHER

50 Minutes | Mon - Fri \$380 | Sat - Sun \$400

80 Minutes | Mon - Fri \$520 | Sat - Sun \$540

COUPLES DEEP CONNECTION

50 Minutes | Mon - Fri \$460 | Sat - Sun \$480

80 Minutes | Mon - Fri \$610 | Sat - Sun \$630

AROMATIC INFUSION

100 Minutes | Mon - Fri \$810 | Sat - Sun \$830

ROSE BOTANICAL RITUAL

100 Minutes | Mon - Fri \$810 | Sat - Sun \$830

COUPLES CLAY & PLAY

50 Minutes | Mon - Fri \$250 | Sat - Sun \$300

FACIALS

HYDRAFACIAL

50 Minutes | Mon - Fri \$280 | Sat - Sun \$290

80 Minutes | Mon - Fri \$350 | Sat - Sun \$360

DIAMOND - BY NATURA BISSÉ

80 Minutes | Mon - Fri \$300 | Sat - Sun \$310

SKIN DETOX - BY NATURA BISSÉ

80 Minutes | Mon - Fri \$280 | Sat - Sun \$290

THE SUNSHINE - BY NATURA BISSÉ

50 Minutes | Mon - Fri \$210 | Sat - Sun \$220

THE SIGNATURE - BY PRIVAI

50 Minutes | Mon - Fri \$190 | Sat - Sun \$200

OCEAN DETOX RITUAL

50 Minutes | Mon - Fri \$220 | Sat - Sun \$230

80 Minutes | Mon - Fri \$305 | Sat - Sun \$315

AFTER SUN RECOVERY

50 Minutes | Mon - Fri \$190 | Sat - Sun \$200

ESENCIA

WELLNESS

BEAUTY

BLOWOUTS

\$75 and up

\$30 upcharge for flat iron/curling iron/rollers due to additional time

WOMEN'S HAIRCUT ALONE

\$95 and up

MEN'S CUT

\$65 and up

UP-DO

\$150 and up

PARTIAL HIGHLIGHTS

\$175 and up

HALF HIGHLIGHTS

\$275 and up

FULL HIGHLIGHTS

\$350 and up

TONER / GLOSS

\$70 and up

HAIR MASK ADD-ON

\$50

SIMPLE MAKE UP APPLICATION

\$100

KERATIN HAIR TREATMENT & BLOW DRY

\$400

SERVICE ENHANCEMENTS

CUSTOMIZE YOUR SPA EXPERIENCE

Back Reviver | \$35

CBD Relief and Recovery | \$45

Cryotherapy | \$35

Eye and Lip Treatment | \$35

Face Mask | \$35

Hair and Scalp Treatment - by Moroccanoil | \$45

Hand and Foot Reviver | \$35

Massage Flame | \$50

Warm Stones | \$35

Hydrafacial Booster | \$50 - For Hydrafacials only

NuFACE or Gua Sha Lift | \$35 - For facials only

BRIDAL BEAUTY

BRIDAL HAIR CONSULTATION

\$150 and up

WEDDING DAY

\$175 and up

NAILS

DEEP SEA MANICURE

50 Minutes | Mon - Thurs \$70 | Fri - Sun \$75

DEEP SEA PEDICURE

80 Minutes | Mon - Thurs \$115 | Fri - Sun \$120

SOOTHING WAVES MANICURE

45 Minutes | Mon - Thurs \$60 | Fri - Sun \$65

SOOTHING WAVES PEDICURE

60 Minutes | Mon - Thurs \$80 | Fri - Sun \$85

ESSENTIAL ELEMENTS MANICURE

30 Minutes | Mon - Thurs \$40 | Fri - Sun \$45

ESSENTIAL ELEMENTS PEDICURE

45 Minutes | Mon - Thurs \$65 | Fri - Sun \$70

NAIL ENHANCEMENTS

QUICK DRY NO CHIP - BY DAZZLE DRY

\$15

ILLUMINATING HAND OR FOOT TREATMENT

\$35

GEL POLISH (REMOVAL OR UPGRADE)

\$25

CBD INFUSED BATH BOMB

\$30 and up